



Transitions:

Moving Forward Following a Loss

November 5, 12, & 19

6:00 pm – 7:00 pm

Owen Aftercare Office, 5317 Dixie Highway

Transitions is a support group for people in the first few months of grief. Each week is designed to address the questions and needs many have in the early days of grief. All three sessions will meet Tuesdays, November 5, 12, & 19 at 6:00 pm – 7:00 pm, at the Owen Aftercare Office at our Dixie location. You may attend one, two or all three of the meetings and they are free of charge.

Week 1– Living with New Challenges – Week one will cover taking the crucial next steps and will also help with some of the financial situations you may be encountering.

Week 2 – Living with the Memories – This session will introduce you to a number of support groups and people to call with on-going questions.

Week 3 – Living with the Process – The final session deals with the grieving process and how you will be able to move through it.

*Our desire is to provide continuing care to you as you walk through this process and we want to provide you with the best care and resources available. Please let us know if you are interested in attending these sessions so we can provide enough materials for each person or family. If you would like more information about these sessions or other services provided by Owen Funeral Homes, please feel free to contact **Genene Nisbet at 502-447-7759 or genene.nisbet@owenfuneralhome.com.***